

YOUR PICTURE PERFECT DAY

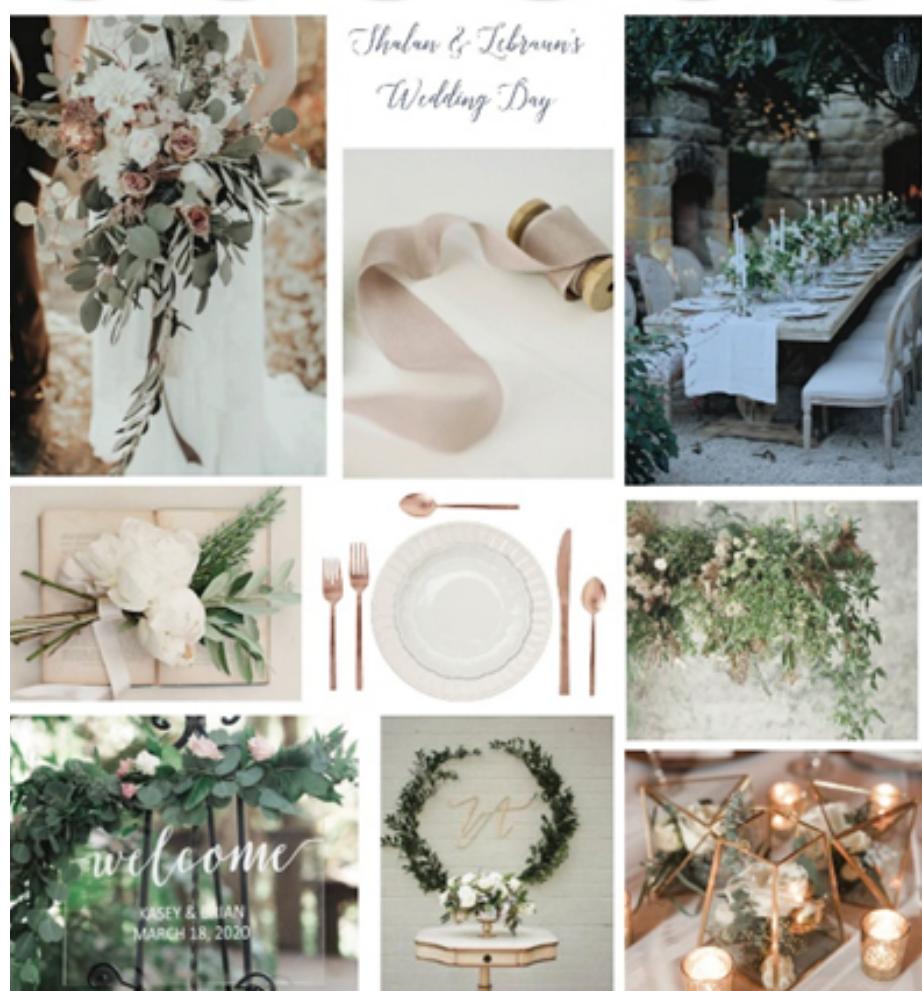


Visualising what you like and don't like can help you
achieve a perfect day that's right for you.

LOVE IS IN THE AIR

Was it just me or did January seem to go on forever? I'm sure I wasn't alone in having the post-Christmas blues, it was cold, wet, and dark, and nobody could afford to come out to play. Plus going out caused the whole dilemma of whether I was willing to break the new year's diet and my January resolution of not drinking alcohol during the week.

So, all I can say is hello February! I love February it's the month of love and romance and for people like me in the wedding industry, we just love having an excuse to celebrate love, not just romantic love but the love of family, friends, and self-love which is often the hardest to accomplish.

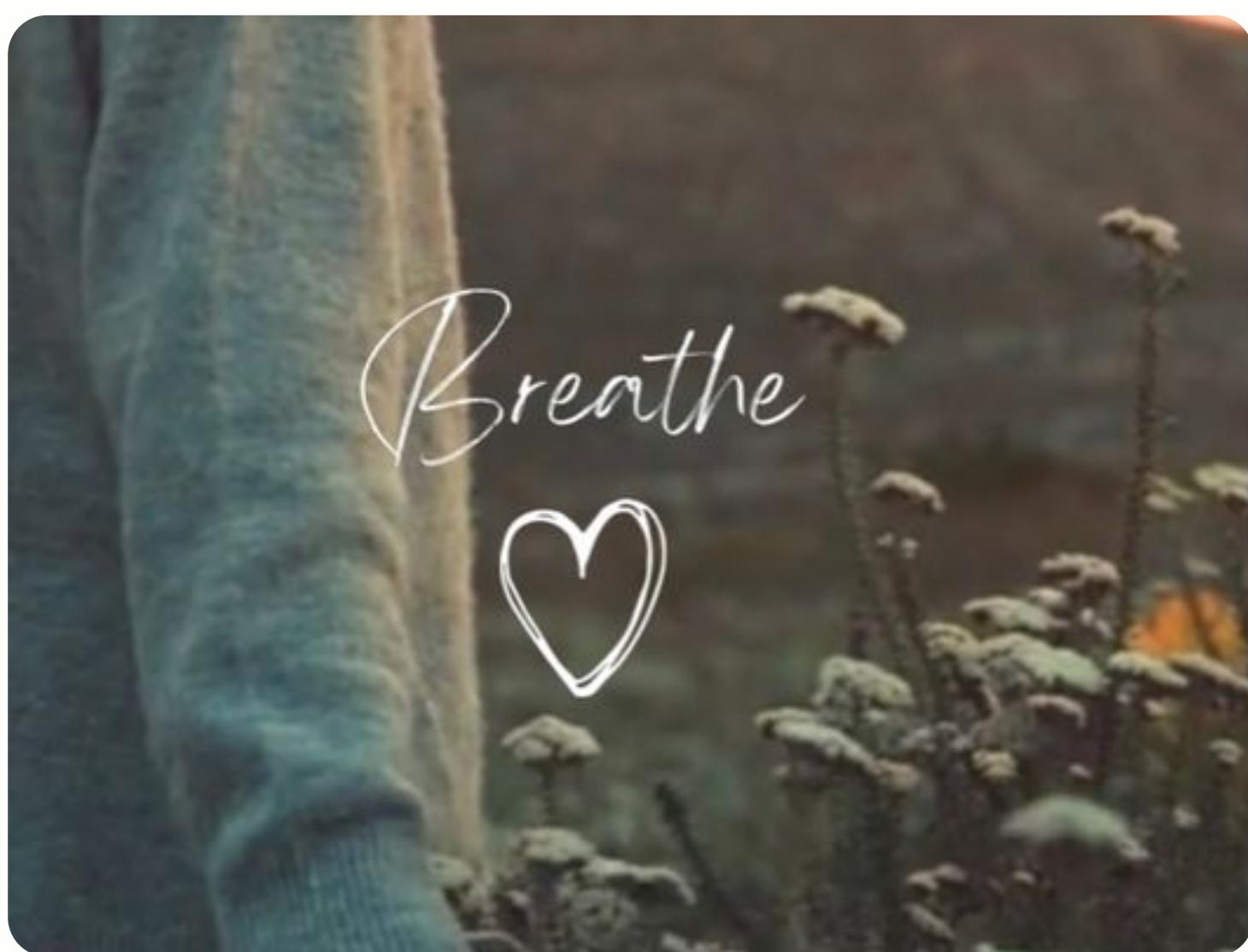


You won't be surprised to know that Valentine's Day is one of the most popular days of the year for people to propose it's been estimated that over 15 thousand people in the UK will be popping the big question. After a couple has basked for a while in the warmth of that wonderful Richard Curtis proposal there will be a sudden flurry of activity as couples hit social media and their Pinterest accounts in anticipation of planning finding their wedding dress, table decorations, and selecting a stationery font.





The prospect of planning your wedding is exciting, but it can also be somewhat overwhelming, particularly at the beginning. I have witnessed first-hand the pained shell-shocked faces of newly engaged couples as they attend their first wedding fayre. There's so much to absorb and take in, so many choices and options available to tempt and entice you. You may just need a moment to pause take a step back and breath and consider what do I really want for my wedding.



TAKE A MOMENT



CLOSE YOUR EYES



Why not take this opportunity to close your eyes and immerse yourself in visualising the wedding day of your dreams; what does it look like and how does it feel? Who is there with you? Does the bustle of family and friends surround you or is it a much calmer more intimate serene affair with just a few special people? Are their children running around or is it exclusively an adult-only wedding? These questions will help you hone in on the type of wedding that is right for you.

What is the weather like? Are the leaves on the trees a cacophony of colour? Or is it a bright but frosty winter afternoon? Perhaps your preference is leaning toward a warm summer's day or even an evening ceremony exchanging your vows at the golden hour?



Are you inside or outside? You might be in a garden is it your garden or is it the palatial grounds of a stately home? Where is this place? Is it a rustic barn in the heart of the countryside or a hotel with views looking out to sea? It might even be a remote beach in the Caribbean or is it closer to home on familiar shores along the North Yorkshire coastline maybe Robin Hoods Bay. What does the ceremony look like? Is it a religious ceremony or will it be a nonreligious ceremony? Are you wanting a celebrant-led ceremony enabling you to have a personally tailored ceremony written by someone like me?

WHERE DO I WANT TO SAY I DO?



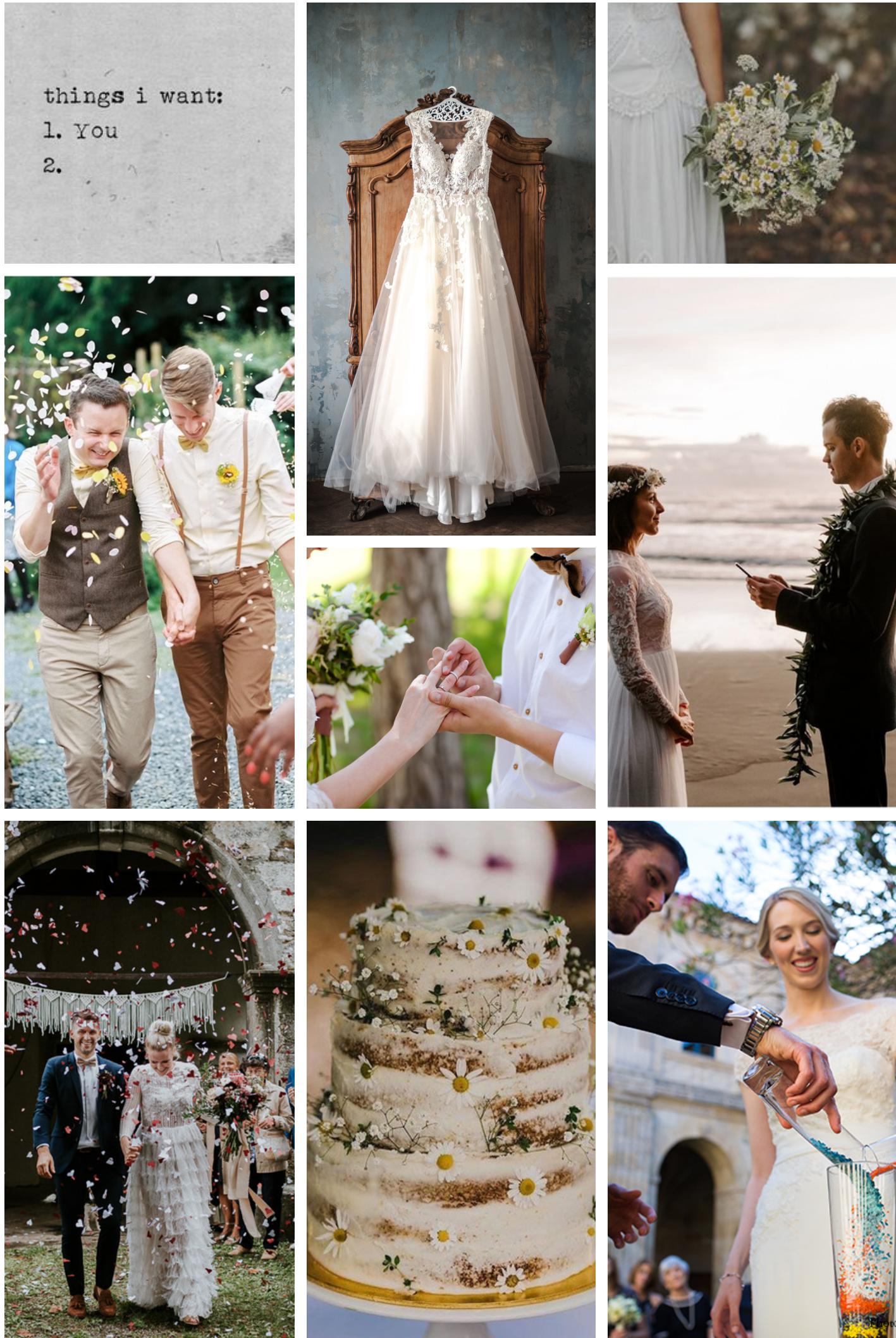


What type of food will you be eating? Where are your guests staying will your wedding ceremony and reception be all in one place? Are you staying in a grand wedding hotel where you will party the night away or is it a more chilled festival vibe where guests can return to their glamping pods whilst you dance under the stars? Maybe this all seems too much and you're someone who is more reserved and wants something low-key and modest. It all comes down to personal choice, we're all different, and as I always say

IT'S
YOUR DAY
YOUR
WAY!



Once you have started to visualise the setting, I feel sure all the other elements of your wedding planning will just fall into place. For example, if you have a boho wedding the flowers you choose will complement that style. If it's a tipi in a field the food, you choose is more likely to be an alfresco BBQ or hog roast than a three-course meal.



Whilst you may say stop right now Ruth what about the budget? I can assure you right now there are so many different and creative ways to keep the costs down without compromising on your vision of your wedding day. I think this topic would be a great area to cover in my next blog post, but for now, go and enjoy planning your wedding day. If you need a helping hand to get started on your planning [The Wedding Guide UK](#) offers a step-by-step guide to planning your big day.

HAPPY
VISUALISING



Ruth xx